



**A collaboration toolbox to build a school for all”
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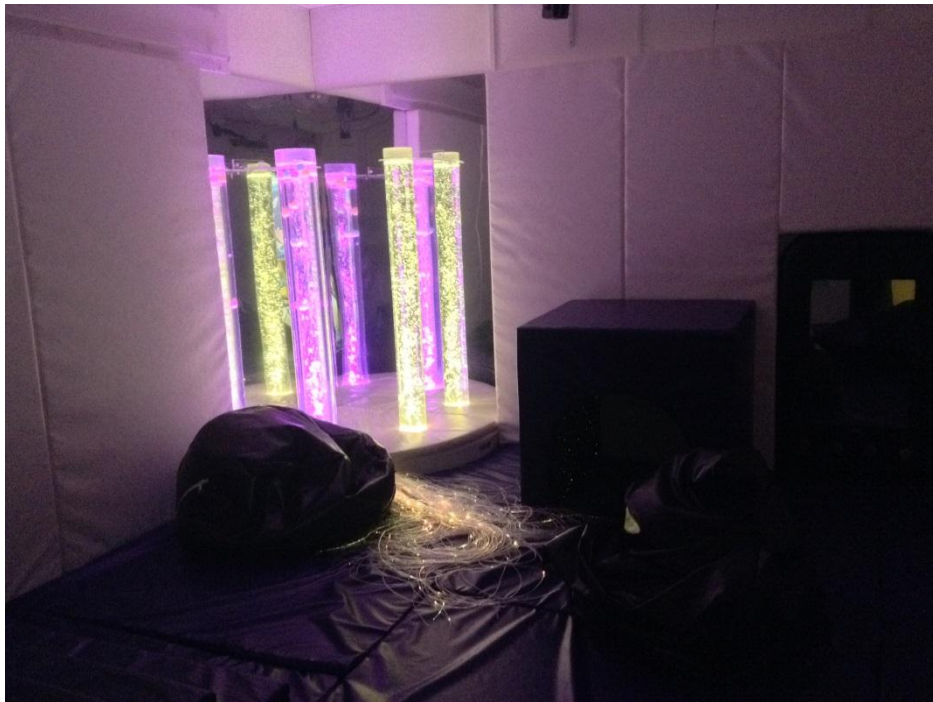
Sensory Room

The sensory room is another separate place from the classroom where students can learn and be safe. We allow for students to feel comfortable and gather themselves either through “soft play” or “relaxation” sessions.

When is the “sensory room” used?

- When a student is having a meltdown and needs a safe place to be
- Relaxation, quiet time (no talking)
- When a student is over stimulated (relaxation)
- When a student is under stimulated (soft play, various OT exercises)

We have seen many benefits come from the students since having this space. Readiness to attend and engage, calm and happy, cool down.



Keywords: Autism, Sensory Room