Title: Social story

Subject: Methods and materials

Social story is a way to tell or describe something by using either drawings or written text or both. The thing one is about to describe may already have happened or it is going to happen. With drawings or text the happening can be done visible. By using these stories it is possible go through different things, beforehand or afterwards, analyze and also find new solutions if something went wrong. Social stories are widely used with people with autism spectrum and also with small children.

Here is an example of a story where a small child had to learn to go to kindergarten.



Conclusions: The possibilities of social stories are wide. With them you can reduce fear, learn new ways of behaving and remember what someone has promised.